# **Human Nutrition**

# **Question Paper 1**

| Level      | IGCSE                   |
|------------|-------------------------|
| Subject    | Biology                 |
| Exam Board | CIE                     |
| Topic      | Human Nutrition         |
| Paper Type | (Extended) Theory Paper |
| Booklet    | Question Paper 1        |

Time Allowed: 58 minutes

Score: /48

Percentage: /100

**1** Fig. 6.1 shows the alimentary canals of two mammals, an insect-eating bat, which is a carnivore, and a rabbit, which is a herbivore.

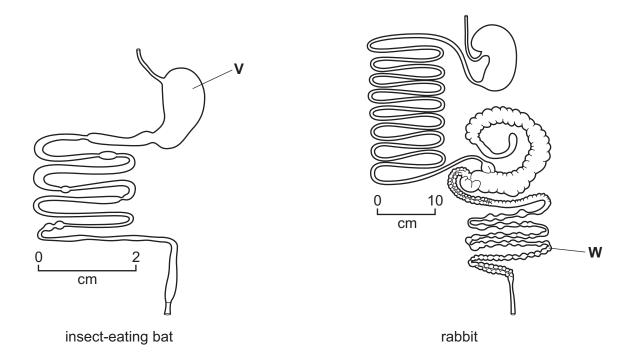


Fig. 6.1

| (a) | Name the organs labelled <b>V</b> and <b>W</b> . |     |
|-----|--|-----|
|     | V  |     |
|     | <b>W</b>   |     |
|     |  | [2] |
|     |  |     |
| (b) | Explain the role of mechanical digestion.        |     |
|     |  |     |
|     |  |     |
|     |  |     |
|     |  |     |
|     |  |     |
|     |  |     |
|     |  |     |
|     |  | [3] |

Scientists investigated digestion in different species of mammal. The mammals that they studied ranged in size from an elephant shrew, *Elephantulus edwardii*, with a mass of 50 g to an ox, *Bos taurus*, with a mass of 220 kg.

The scientists added indigestible particles to the animals' food and timed how long the particles stayed in the digestive system.

The results for 24 different mammal species are shown in Fig. 6.2.

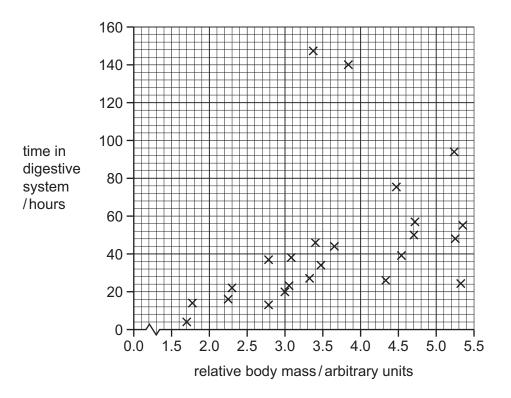


Fig. 6.2

| (c) | The scientists concluded that food stays longer in the digestive systems of larger mammals compared with smaller mammals.                  |  |  |  |
|-----|--|--|--|--|
|     | Discuss the evidence from Fig. 6.2 for <b>and</b> against the statement that food stays longer in the digestive systems of larger mammals. |  |  |  |
|     |  |  |  |  |
|     |  |  |  |  |
|     |  |  |  |  |
|     |  |  |  |  |
|     |  |  |  |  |
|     |  |  |  |  |
|     |  |  |  |  |
|     |  |  |  |  |
|     | [4   |  |  |  |

[Total: 9]

2 Fig. 3.1 shows part of the thoracic and abdominal cavities of a human.

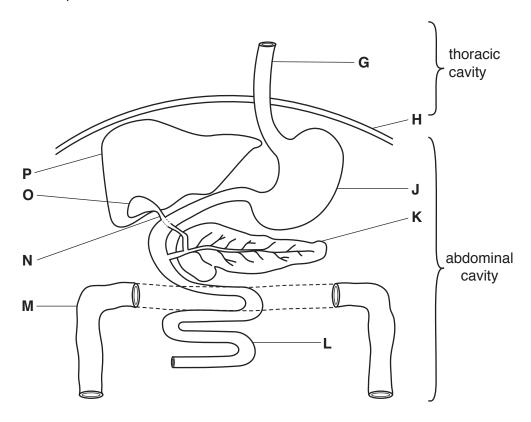


Fig. 3.1

(a) (i) Name the structures labelled  ${\bf G},\,{\bf H}$  and  ${\bf M}.$ 

| M |  |
|---|--|
| Н |  |
| G |  |

[3]

(ii) Table 3.1 shows five functions of organs in the abdominal cavity.

Complete the table by:

- naming the organ that carries out each function
- using the letters from Fig. 3.1 to identify the organ named.

One row has been completed for you.

Table 3.1

| function                                      | name     | letter from Fig. 3.1 |
|---|----------|----------------------|
| conversion of glucose to glycogen             |          |                      |
| secretion of insulin and glucagon             | pancreas | К                    |
| absorption of products of digestion           |          |                      |
| storage of bile                               |          |                      |
| chemical digestion of protein in an acidic pH |          |                      |

[4]

**(b)** Fat is particularly difficult to digest as it is not water soluble and forms spherical globules in the alimentary canal.

Fig. 3.2 is a diagram showing what happens to fat globules when mixed with bile.

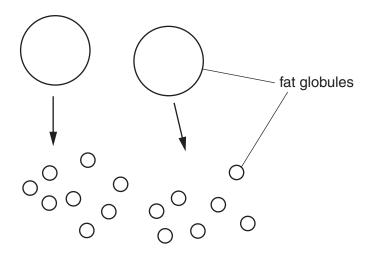


Fig. 3.2

(i) Name the process shown in Fig. 3.2.

.....[1]

|     | (ii)  | Explain the adva                        | antage of the process shown                              | n Fig. 3.2.  |                |
|-----|-------|---|--|--|----------------|
|     |       |   |  |  |                |
|     |       |   |  |  |                |
|     |       |   |  |  |                |
|     |       |   |  |  |                |
|     |       |   |  |  | [2]            |
| (c) |       | ulin and glucagon<br>cose in the blood. |  | ne pancreas to control the cor                           | ncentration of |
|     | (i)   |   | 3.2 to show how the uptake olood respond when the two ho | of glucose by cells and the cor<br>ormones are secreted. | ncentration of |
|     |       | Use the words in                        | ncreases, decreases and stay                             | s the same to complete the ta                            | ıble.          |
|     |       |   | Table 3.2  |  |                |
|     |       | hormone                                 | uptake of glucose by cells                               | concentration of glucose in the blood                    |                |
|     |       | insulin                                 |  |  |                |
|     |       | glucagon                                |  |  |                |
|     |       |   |  |  | [2]            |
|     | (ii)  | State another ho                        | ormone that influences the co                            | ncentration of glucose in the b                          | olood.         |
|     |       |   |  |  | [1]            |
| (d) |       |   | rol of the concentration of glu                          | cose in the blood is an examp                            | le of negative |
|     | teed  | lback.                                  |  |  |                |
|     |       |   |  |  |                |
|     | ••••• |   |  |  | •••••          |
|     | ••••• |   |  |  | •••••          |
|     |       |   |  |  |                |
|     |       |   |  |  |                |
|     |       |   |  |  |                |

[Total: 16]

| 3 | (a) | Describe how food is moved along the small intestine. |  |
|---|-----|---|--|
|   |     |   |  |
|   |     |   |  |
|   |     |   |  |
|   |     |   |  |

- (b) The small intestine is lined by many villi.
  - Fig. 5.1 shows a longitudinal section of a villus.
  - Fig. 5.2 shows a cross-section of the same villus at  ${\bf V}-{\bf W}$ .

The diagrams are not drawn to the same scale.

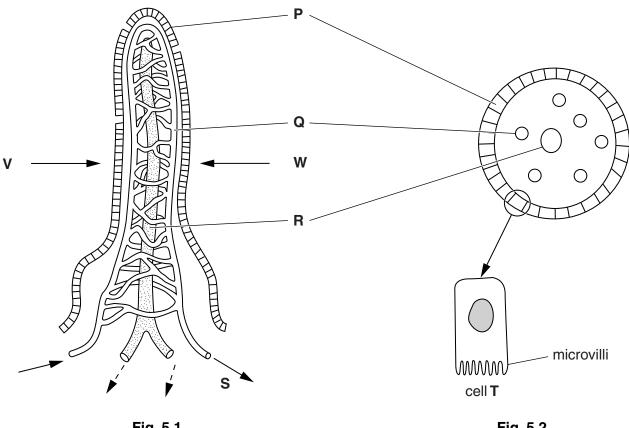


Fig. 5.1

Fig. 5.2

| (i)   | Name structures P, Q, and R.   |       |
|-------|--|-------|
|       | P  |       |
|       | Q  |       |
|       | R  | [3]   |
| (ii)  | The blood that flows from <b>S</b> enters a vein.                            |       |
|       | Name the vein that transports blood away from the small intestine.           |       |
|       |  | [1]   |
| (iii) | Cell <b>T</b> is an example of the cells that form the surface of the villi. |       |
|       | Explain why there are many microvilli on cell <b>T</b> .                     |       |
|       |  |       |
|       |  |       |
|       |  |       |
|       |  |       |
|       |  | . [2] |
| (iv)  | Some of the cells on the surface of the villi secrete mucus for protection.  |       |
|       | Suggest what the villi need to be protected against.                         |       |
|       |  |       |
|       |  |       |
|       |  |       |
|       |  | . [2  |

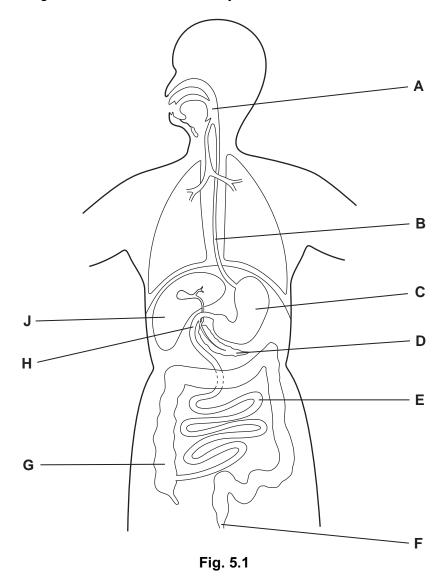
[Total: 10]

The alimentary canal is adapted for chemical and mechanical digestion.

| (a) | Explain how chemical digestion differs from mechanical digestion. |
|-----|---|
|     |   |
|     |   |
|     |   |
|     |   |

[3]

Fig. 5.1 is a diagram of the human alimentary canal.



**(b)** Table 5.1 shows four functions of the alimentary canal.

Complete the table by:

- naming the part of the system that carries out each of the functions;
- using the letters from Fig. 5.1 to identify the part of the system named.

One row has been completed for you.

Table 5.1

| function                                     | name of part | letter from Fig. 5.1 |
|--|--------------|----------------------|
| produces bile                                | liver        | J                    |
| most soluble food is absorbed into the blood |              |                      |
| indigestible food is egested                 |              |                      |
| hydrochloric acid is produced                |              |                      |
| protease, lipase and amylase are produced    |              |                      |

(c) Some people develop gallstones, made of cholesterol, that accumulate in the gall bladder and the bile duct. Gallstones block the flow of bile.

Explain how gallstones can affect the digestion of fat.

[4]

| (d) | Cholesterol can also accumulate in the walls of the coronary arteries. |
|-----|--|
|     | Explain the effects that this might have.                              |
|     |  |
|     |  |
|     |  |
|     |  |
|     |  |
|     |  |
|     | [3]  |
|     | [Total: 13]  |